



5th Annual conference of Association of Clinical Psychiatry (IPS-UP State Branch) **UPIPS 2025**



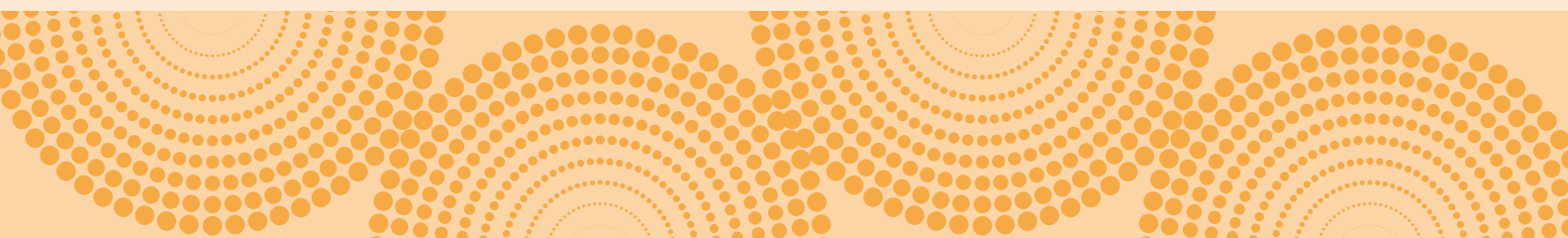
Theme - Indian Digital Revolution
vis a vis Practice of Mental Health

25th - 26th October 2025, AGRA

Jaypee Palace Hotel & Convention Centre

Organizing Chairperson
Dr. (Prof.) K.C. Gurnani

Organizing Secretary
Dr. Kashypi Garg





Association of Clinical Psychiatry President's & Honorary Secretary's Welcome Message

Dear Colleagues,

It gives us great pleasure to extend a warm welcome to all participants, distinguished faculty, and chairpersons of the scientific sessions attending the **5th Annual conference of Association of Clinical Psychiatry (Indian Psychiatric Society - Uttar Pradesh State Branch)**, the scheduled to be held in the historic city of **Agra on 25th & 26th October 2025**.

Agra, with its magnificent legacy and global identity as the home of the Taj Mahal, offers a unique blend of cultural grandeur and architectural splendour. We are confident this iconic setting will further enrich your conference experience and draw enthusiastic participation from colleagues across the country.

The theme of this year's conference, **"Indian Digital Revolution vis a vis Practice of Mental Health"**, is both timely and significant. In today's fast-evolving world, mental health has become central to achieving overall well-being. Integrating emerging digital technologies and neuroscience with compassionate, patient-centric care is essential to shaping the future of psychiatry.

The academic deliberations will highlight crucial areas such as mapping new territories, upskilling in liaison psychiatry, and forging stronger collaborations with other medical specialties. Understanding the role of psychological stress in the etiologic of various physical disorders is vital, and liaison psychiatry can greatly contribute to both prevention and comprehensive treatment of mental and physical illnesses.

We are confident that, the **UPIPS 2025** will be a grand success. We extend our heartfelt best wishes to the organizing committee for their unwavering dedication and commendable efforts in putting together for the success of this prestigious event. Please be assured of full support and cooperation from the Uttar Pradesh State Branch - Indian Psychiatric Society headquarters at all stages.

With warm regards and best wishes,



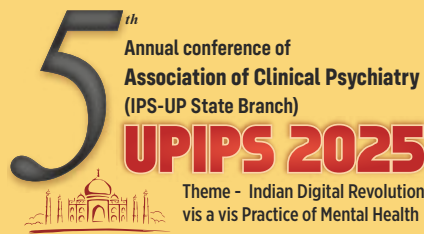
Dr. (Prof.) S.C. Tiwari

President, Association of Clinical Psychiatry



Dr. Anurag Varma

Honorary Secretary, Association of Clinical Psychiatry



Association of Clinical Psychiatry Organizing Chairperson & Organizing Secretary Welcome Message

Dear Distinguished Colleagues,

It gives us great pleasure to warmly welcome you to the **5th Annual conference of Association of Clinical Psychiatry (Indian Psychiatric Society - Uttar Pradesh State Branch)**. Set against the majestic backdrop of Agra, home to the timeless Taj Mahal, this year's conference on **25th & 26th October 2025 at Jaypee Palace Hotel & Convention Centre** promises a rich blend of academic excellence and cultural elegance.

With a thoughtfully curated scientific program—featuring expert-led sessions, engaging workshops, and thought-provoking symposia—**UPIPS 2025** aims to inspire learning, foster collaboration, and advance our shared mission in mental health.

We are honoured to host distinguished speakers and delegates from across the country, and we extend a special invitation to each one of you to actively participate, Share your ideas, and strengthen our collective efforts in advancing the field of psychiatry. Let us come together to celebrate knowledge, reconnect with colleagues, and take forward the vision of holistic and inclusive mental healthcare.

We look forward to welcoming you to **Agra** and making **UPIPS 2025** a truly memorable and meaningful experience.

Warm regards,



Dr. (Prof.) K.C. Gurnani
Organizing Chairperson,
UPIPS 2025



Dr. Kashypi Garg
Organizing Secretary,
UPIPS 2025





5th Annual conference of Association of Clinical Psychiatry (IPS-UP State Branch) **UPIPS 2025** Theme - Indian Digital Revolution vis a vis Practice of Mental Health

IPS Office Bearers



Dr. Savita Malhotra
President



Dr. T.S.S. Rao
Vice President



Dr. Amrit Pattojoshi
Hon. General
Secretary



**Dr. M. Aleem
Siddiqui**
Hon. Treasurer



Dr. Sujit Sarkhel
Hon. Editor

Central Psychiatric Society (IPS - Central Zone Branch)



**Dr. Ruma
Bhattacharya**
President



**Dr. Saurabh
Tandon**
Vice President



**Dr. Ganesh
Shanker**
Secretary



**Dr. Manish
Borasi**
Treasurer



**Dr. Adarsh
Tripathi**
Editor

Association of Clinical Psychiatry Office Bearers



Dr. (Prof.) S.C. Tiwari
President



Dr. U.C. Garg
Vice president cum
President elect



Dr. Anurag Varma
Hon. General
Secretary



Dr. Adarsh Tripathi
Hon. Treasurer



Dr. Vipul Singh
Hon. Editor

Association of Clinical Psychiatry EC Committee

Dr. Mona Srivastava
Dr. Amarjeet Popli

Dr. C.B. Madhesia
Dr. Vishal Sinha

Dr. Vipul Tyagi
Dr. Abhishek Pratap Singh



Committee

Organizing Committee

Patrons

Dr. Prashant Gupta

Principal, S.N. Medical
College, Agra

Dr. R.K. Jain

Senior Consultant

Dr. A.K. Gupta

Senior Consultant

Advisors

Dr. Anil Gaur
Dr. Gyanendra Kumar Verma
Dr. J.R. Kalra
Dr. Jai Prakash Narayan
Dr. Sheelendra Chauchan
Dr. S.P. Gupta
Dr. Sagar Lavaniya
Dr. U.C. Garg
Dr. Vikrant Agarwal

Org. Chairperson

Dr. K.C. Gurnani

Co-Org. Chairpersons

Dr. Ashutosh Kumar
Dr. Amarpreet Singh

Org. Secretary

Dr. Kashypi Garg

Joint Org. Secretary

Dr. Aanchal Singh

Treasurer

Dr. Akul Gupta

Members

Dr. Chanchal Chandra
Dr. Anjaneya
Dr. Nayati Narang
Dr. Ankur Singh
Dr. Vishakha Srivastav
Dr. Khinya Ram

Reception Committee

Chairperson

Dr. Dinesh Rathore

Co-Chairpersons

Dr. Anil Kumar Sisodiya
Dr. Dev Rajan Agarwal

Convenor

Dr. Sheetal Tripathi

Co-Convenor

Dr. Gureesha Singh

Members

Dr. Manish Jain
Dr. Abhimanyu Singh
Dr. Tamanna Hooda
Dr. Raghuveer Gupta
Dr. Nidhi Kulhar
Dr. Nagma Khan

Scientific Prog. & Awards Com.

Chairperson

Dr. Vishal Sinha

Co-Chairpersons

Dr. P.S. Bhagel
Dr. Prabhat Sharma

Convenor

Dr. Nikita Singh

Co-Convenor

Dr. Apoorv Yadav

Members

Dr. Brijesh Agarwal
Dr. Vibhor Jain
Dr. Vidhushi Dixit
Dr. Rahul Gautam
Dr. Priyanka Kushwaha
Dr. Suraj Kumar

Registration Form

*IPS-UPSB / IPS Membership No: _____

*Name : _____
 *E Mail : _____
 *Mobile : _____ WhatsApp Contact : _____
 Telephone : Residence : _____ Office : _____
 *Date of Birth : _____ Gender : _____
 *Address : _____

 *City/District : _____ *State : _____
 *Pin/Zip/Post Code : _____ Country : _____

Accompanying Person

1. Name : _____ Age : _____ Gender : _____
 2. Name : _____ Age : _____ Gender : _____
 3. Name : _____ Age : _____ Gender : _____

Transaction Details

Transaction ID/Payment ID/ UTR No. : _____ Bank / UPI : _____
 Date of Transaction: _____
 Amount Paid : _____

Kindly fill & send the scanned copy with transaction ID of this form to

Registration mandatory for all attendees

All Above Rates are inclusive of 18% GST*

Category	Till 15/09/2025	Till 15/10/2025	After 15/10/2025 (On Spot Registration)
Senior IPS members above 65 years	Complimentary	Complimentary	₹ 3,500
UP IPS Members	₹ 3,500	₹ 4,500	₹ 5,500
IPS Members	₹ 4,000	₹ 5,000	₹ 6,000
Non-Members	₹ 5,000	₹ 6,000	₹ 7,000
Accompanying Persons	₹ 3,000	₹ 4,000	₹ 5,000
PG Residents & Students	₹ 3,000	₹ 4,000	₹ 5,000
Corporate	₹ 25,000	₹ 25,000	₹ 30,000

Payments shall be received by :

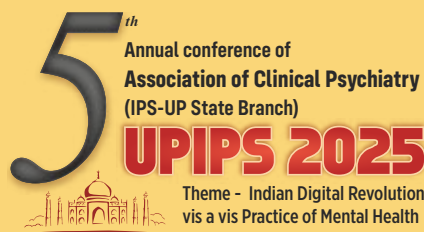
Account Details : Association of Clinical Psychiatry
 Account Name : M/s Association of Clinical Psychiatry (ACP)
 Bank Name : Indian Overseas Bank
 Branch : Agra Main (Branch Code: 0266)
 Bank Address : 1/7 Shanti Nath Complex, Dhakran Crossing, M.G. Road,
 Opp. Hotel Moti Palace, Agra - 282010. Uttar Pradesh, India

Customer ID : 522251511
 Account No : 026602000003990
 MICR Code : 282020002
 IFSC code : IOBA0000266

Contact for Registration Queries :

Email : UIPSAGra2025@gmail.com

Mobile : +91 73044 72386



Terms and Conditions

Registration Guidelines

- Above fees are inclusive of Goods & Service Tax.
- Payment Options : On-line, NEFT, IMPS, Bank transfers & Debit or Credit cards.
- Online payments made via Credit or Debit Cards will incur additional bank charges as per the applicable rates.
- All Remittance/Bank charges/Online transaction fees are to be borne by the registrant.
- Letter from HOD is mandatory for Postgraduate residents for registration.
- Conference registration is mandatory for presenting Free papers and Posters.
- Registration is mandatory for all delegates including children 5 Years and above.
- Photo ID is mandatory for all delegates for security reasons to enter the conference area.
- Please ensure to wear a registration badge all the time (Bar Coded) during the conference.
- Accompanying persons will not have access to the Scientific Halls.
- No credit policy for registration fees. Registration fees mentioned are non negotiable.
- Registration is Non transferable.
- The organizing committee is not responsible for payments made in any form without a registration form and details of payment. Organizing committee will not entertain requests to refund the same.
- Delegate must bring the acknowledgment letter/payment receipt with registration number during the conference for badge collection.
- The conference kit would be handed over only to the registered delegate with a VALID photo id.
- For spot registrations - Payment will be accepted only by mode of Cash & UPI Payment.
- Conference kit will not be guaranteed for registration after 15th October, 2025 it will be subject to Availability.

Cancellation and Refund Policy

Registration is Non-transferable & Non-Negotiation.

Cancellation Policy:

- a. Till 15th October 2025: 25% of the registration amount will be deducted.
- b. After 15th October 2025: No refund will be provided.

Note: All approved cancellations will be processed and refunded after the conclusion of the conference.

Entitlements

Delegates attending physically

- Delegate Kit.
- Inaugural function, Scientific sessions & Social Evenings.
- Lunches & Dinner during the conference.
- Exhibition Area Souvenir (If any).
- UPMC Certificate of Attendance.

Accompanying Persons Attending Physically

- Inaugural Function & Social Evenings.
- Lunches & Dinner during the conference.
- Spouse gift (If any).
- Participation in spouse & children's programs.

Conference kit will not be guaranteed for registration after 20th September, 2025.



5th Annual conference of Association of Clinical Psychiatry (IPS-UP State Branch) **UPIPS 2025**

Theme - Indian Digital Revolution
vis a vis Practice of Mental Health

Award Paper & Call for Free paper & Poster

1 Oration award

1 Presidential Address

3 Best free papers award - 1st, 2nd and 3rd prize

**Abstract
Submission
Deadline till
20th September,
2025.**

Abstract Submission

Guidelines for Free paper Presentation

1. For Free-paper Presentation speaker will be provided 10 minutes for the presentation. The slot for the same is divided into 8 minutes for Presentation and 2 minutes for Discussion.
2. Please strictly adhere to the time.
3. The presentation will have to be in Windows PowerPoint format (PPT) with the required photographs, tables and graphs that should be very unambiguous and legible.
4. All slides should be in landscape format preferably in 16:9 orientation.
5. Animation/movies/sounds will not be supported; please submit a static PPT format only.
6. The participants must be registered with Indian Psychiatric Society and register in the conference as per laid down criteria.

E-Poster Presentation Specifications

1. The screen time provided to a particular poster would be a maximum of one hour. The presenting author is requested to make it convenient to remain at the site of his/her poster presentation throughout that stipulated time.
2. The E-poster will be displayed on standard 42" (Diagonal) LCD.
3. File format should be PowerPoint (PPT).

4. Total size of the presentation should not exceed 1-2 MB.
5. Maximum number of slides per E-poster:3 (Three).
6. All slides should be in landscape format preferably in 16:9 orientation.
7. Animation/movies/sounds will not be supported; please submit in a static PPT format only.
8. Each slide title should be placed in a title placeholder.
9. The text should include (most likely as separate elements of the poster) Introduction, Aim, Methods, Results, Conclusion and Acknowledgments.
10. The poster should be self-explanatory. Text should be brief and well organized.
11. It is suggested that font size of the text should be at least 26 to 36 points. The typeface chosen should be a simple and clear one (e.g. Helvetica).
12. The correct font size depends greatly on the fonts used in the ppt and the thumb rule should be that if its visible well on the computer screen, it shall be visible on the E-Poster Display Screen too.

Scientific Program

Email : UPIPSAgra2025@gmail.com



Alumni Meet on 24 Oct, 2025

Sarojini Naidu (SN) Medical Collage, Agra



Let's return to where it all began — Sarojini Naidu Medical College, Agra.

A place that shaped our paths, friendships, and purpose.

Join us for the SNMC Alumni Meet as we celebrate our shared journey, honor the legacy, and reconnect with old friends and unforgettable memories.

Contact **Dr. U.C. Garg**

Mobile: +91 98370 63178

King George's Medical University (KGMU), Lucknow

Join us as we celebrate the legacy of King George's Medical University — a home to memories, milestones, and lifelong friendships.

Let's reconnect, reminisce, and relive the golden moments at the KGMU Alumni Meet.

Because no matter where life takes us... it all began here.

Contact **Dr. Adarsh Tripathi**

Mobile: +91 94157 69817





5th Annual conference of Association of Clinical Psychiatry (IPS-UP State Branch) **UPIPS 2025** Theme - Indian Digital Revolution vis a vis Practice of Mental Health

About Venue

About Agra

Experience the Rich Heritage and
Attractions of Agra, Uttar Pradesh



Agra, the vibrant gateway to Uttar Pradesh, presents a perfect blend of culture, spirituality, and heritage—making it an ideal destination for attendees seeking to enrich their UPIPS 2025 experience. Renowned for its majestic monuments and timeless charm, Agra captivates visitors from around the world with its architectural brilliance and historical significance. Here are some of the must-visit attractions in Agra

Hotel Range

Accommodation Rate

Rate for Jaypee Palace Hotel (Per Night)

10000 + 18% GST	Double Occupancy
9000 + 18% GST	Single Occupancy
3000 + 18%	Extra Bed

About Venue

Jaypee Palace Hotel & Convention Centre

is a luxurious 5-star deluxe resort-style property set on Fatehabad Road in Agra, just 4 km from the Taj Mahal and around 8 km from both Agra Cantonment station and Agra Airport. The hotel is designed to reflect Mughal grandeur, with red-sandstone-and-white-marble architecture, expansive landscaped gardens, water bodies, and pergolas



Accommodation Assistance

Email : UPIPSAgra2025@gmail.com
Mobile: +91 79772 00700

In addition to the main venue, a wide range of alternative accommodations is available in Agra during the conference, with hotel tariffs ranging from ₹500 to ₹70,000 per night, catering to varied preferences and budgets.



5th Annual conference of Association of Clinical Psychiatry (IPS-UP State Branch) **UPIPS 2025**

Theme - Indian Digital Revolution
vis a vis Practice of Mental Health

Attractions of Agra

Taj Mahal:

A timeless symbol of love and a UNESCO World Heritage Site, the Taj Mahal is a must-visit monument. Commissioned by Emperor Shah Jahan in memory of his beloved wife Mumtaz Mahal, this iconic white marble mausoleum is the epitome of Mughal architecture.



Agra Fort:

Also a UNESCO World Heritage Site, Agra Fort is famous for its majestic red sandstone walls and intricate interiors. It served as the primary residence of the Mughal emperors until 1638.

Fatehpur Sikri:

Located just outside Agra, Fatehpur Sikri was once the capital of the Mughal Empire. Now a UNESCO World Heritage Site, it houses many historic structures, including the grand Buland Darwaza and the revered Tomb of Salim Chishti.



Sikandra:

Situated in the town of Sikandra near Agra, this site is home to the magnificent Tomb of Emperor Akbar. Also known as the Mausoleum of Akbar, it stands as a remarkable blend of Hindu and Islamic architectural styles.

Important Contacts

Secretariat Assistance

Dr. Kashypi Garg

Org. Secretary

✉ drkashypigarg@gmail.com

☎ +91 91050 02277

Free paper & Poster Assistance

Dr. Vipul Singh

Editor, ACP

✉ drvipulsingh@yahoo.co.in

☎ +91 9415051675

Local Assistance

Dr. Dev Rajan Agarwal

Co- Chairperson, Reception

✉ devrajanetah@gmail.com

☎ +91 98082 37413

Registration Assistance

✉ UPIPSAgra2025@gmail.com

☎ +91 73044 72386

Accommodation Assistance

✉ UPIPSAgra2025@gmail.com

☎ +91 79772 00700

Secretariat Address

1/124-C, Dr. Sarkar Road,
Delhi Gate, Agra, U.P. 282002

ASSOCIATION OF CLINICAL PSYCHIATRY
(U.P. STATE BRANCH OF IPS)

Estd: 2020† Society Reg. No.: LUC/02811/2020-2021

Regd. Add: K-61, Ansal Nest, Aashiyana, Lucknow, 226012,
Uttar Pradesh, India

Applicant's
Photo

MEMBERSHIP APPLICATION FORM

**APPLIED FOR: LIFE FELLOW/ LIFE ORDINARY MEMBER/ LIFE ASSOCIATE
MEMBER/ CORPORATE MEMBER**

Please fill in Block Letters with Black Ink

**Specimen Signature With Black
Ink Compulsory**

IPS Membership no.: _____ IPS Central zone membership _____

CITY : _____ STATE: _____ IPS ZONE: _____

FIRST NAME : _____

MIDDLE NAME : _____

LAST NAME/ SURNAME : _____ FATHER'S NAME: _____

PERMANENT ADDRESS : _____

City : _____ Pin Code: _____ State: _____

CONTACT NO. (MOBILE) : _____ Res. _____

E-MAIL : _____ BLOOD GROUP: _____

DATE OF BIRTH : _____ GENDER: _____ NATIONALITY: _____

QUALIFICATIONS

Degree/Diploma	University/ Institute/College	Month & Year	MCI state	MCI reg. No. & Date
MBBS (with internship completion)				
DPM				
MD (Psychiatry)				
DNB (Psychiatry)				
Others				

CHQ/DD/NEFT-UTR NO. _____ Date: _____ ₹ _____

BANK & BRANCH : _____

I declare that the above mentioned information is true. I have not withheld any information whatsoever regarding this application. I agree to abide by the MEMORANDUM OF ASSOCIATION AND RULES & REGULATIONS INCLUDING BYE-LAWS of ASSOCIATION OF CLINICAL PSYCHIATRY. I further agree to abide by the amendments, alterations, if any, which may come into force from time to time in future also.

DATE: _____ Place: _____

FOR OFFICIAL USE

Applicant's Signature

Membership Receipt No.: _____ Date: _____ Form Received on: _____

Bank Clearance Details: _____ Courier/ Postal Date: _____

Membership No.: _____ Membership Date of Election: _____

President, ACP

Hon. Gen. Secretary, ACP

Hon. Treasurer, ACP

(P.T.O.)

ASSOCIATION OF CLINICAL PSYCHIATRY

(U.P. STATE BRANCH OF IPS)

Estd: 2020† Society Reg. No.: LUC/02811/2020-2021

Regd. Add: K-61, Ansal Nest, Aashiyana, Lucknow, 226012, Uttar Pradesh, India

MEMBERSHIP APPLICATION PAYMENT DETAILS

CATEGORY	SUBSCRIPTION AMOUNT
Life Fellow (LF)	Rs. 5,000/-
Life Ordinary Member (LOM)	Rs. 3,000/-
LOM to LF	Rs. 2,000/-
Life Associate Member (LAM)	Rs. 3,000/-
Corporate Member (Annual) (January to December)	Rs. 15,000/-

Eligibility Criteria: LOM: Anyone holding the degree of MBBS can enroll as Life Ordinary Member.
LF: Five (05) years after obtaining the 1st Psychiatric Qualification can enroll as a Life Fellow.
LAM: Any person working in the allied fields of Psychological, Medical Science and Interested in the Aims & Objectives of Association of Clinical Psychiatry can enroll as a Life Associate Member.
CM: Any corporation after approval from the Executive Council of Association of Clinical Psychiatry

Bank Details: Name : **ASSOCIATION OF CLINICAL PSYCHIATRY ACP**
Bank Branch : **INDIAN BANK, K G M COLLEGE, CHOWK, LUCKNOW**
Account No. : **50530311578**
IFSC No. : **IDIB000K656**
MICR CODE : **26019263**

Notes : Cheque /DD/NEFT-UTR must be in favour of "ASSOCIATION OF CLINICAL PSYCHIATRY"

Please write your Name and Mobile Number on the reverse of the Cheque / DD (payable at Lucknow)

If there is any change in mailing address, inform should be sent to the Hon. Treasurer, Hon. General Secretary, Hon. Editor

- Enclosures:**
- ☐ Please attach TWO recent photos of size 2.5 cms width x 3.0 cms height photos. (with white background)
 - ☐ Self-Attested Photo copy of M.B.B.S. Degree & Registration Certificate.
 - ☐ Self-Attested Photo copy of Post Graduate Psychiatric Qualification Degree & Reg. Certificate
 - ☐ Self-Attested Photo copy of Birth Date Certificate
 - ☐ If there has been change in the name of application, then an attested photo copy of Gazette Certificate / Affidavit
 - ☐ Compulsory to Send: NEFT / RTGS / Mobile Transfer / Payment Proof along with Hard copy of Membership Application Form & Documents

Membership Application Form along with enclosures & the payment must be sent to:

For any query kindly contact:

Dr. Adarsh Tripathi

Hon. Treasurer,
ACP Department of Psychiatry,
King George's Medical University,
Chowk, Lucknow, Uttar Pradesh,
India. Pin: 226003
Mobile: +919651970700
Email: dradarshtripathi@gmail.com

Dr. Anurag Varma

Hon. Gen. Secretary,
ACP Department of Psychiatry,
King George's Medical University,
Chowk, Lucknow, Uttar Pradesh,
India. Pin: 226003
Mobile: +919935719000
Email: an.kgmu@gmail.com



With Best Compliments

Taloprex[®] $\frac{5}{10}$
Escitalopram 5 / 10 / 20 mg + Clonazepam 0.5 mg Tablets **PLUS** $\frac{20}{20}$
Single Solution for **Depression** and **Anxiety**

DESRINA[®] **LS DS PLUS**
Desvenlafaxine ER 50 / 100 mg + Clonazepam 0.25 / 0.5 mg Tablets
Relieves Worry, Brings Joy

Patroxta[®] **Plus** $\frac{12.5}{25}$
Paroxetine CR 12.5 / 25 mg + Clonazepam 0.5 mg IR Tablets
Anxiolytic with **Plus** effect

Qtripil[®] **SR**
Quetiapine 50 / 100 / 200 / 300 / 400 mg SR Tablets
Versatile long term care

Voxinix[®] **CR** **50 mg** **100 mg** **150 mg**
Fluvoxamine 50 / 100 / 150 mg CR Tablets
Round the clock optimum control

Diresta[®] **-OD**
Divalproex Sodium ER 250 / 500 / 750 / 1000 mg Tablets
Dependable Mood Stabilizer